

PLUMBERS AND STEAMFITTERS LOCAL 486 MEDICAL PLAN

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April 14, 2020

Important Information Regarding Your Plan Benefits

Dear Participant,

This notice is a Summary of Material Modifications (SMM) of the Summary Plan Description (SPD) of the Plumbers and Steamfitters Local 486 Medical Fund. It describes important changes to your benefits provided under the SPD, which sets forth the Medical Fund's plan of benefits. You should read this notice carefully; and if you have any questions, you may contact the Fund Office at (443) 573-3639 or 855-505-0462. You should also keep this notice with your SPD booklet.

Effective April 10, 2020, the Trustees are adopting the Teladoc® program. Teledoc provides 24/7 access to board-certified Medical Doctors licensed to practice medicine in your state who can consult, diagnose, and prescribe medication for common conditions. You can access this benefit by calling 1-800-835-2362, by downloading the Teladoc app on your smartphone, or visiting the Teladoc website on your personal computer. Each physician consultation is offered to you and your eligible dependents at no cost to you.

Attached to this SMM you will find instructions on how to access the telemedicine service. If there are any questions concerning these services, please call the Fund Office or your Teladoc Representative, Hank Christiansen at 774-200-1840 or hchristiansen@caDRplus.com.

Sincerely,
The Board of Trustees









Brought to you by:



So many reasons to use Teladoc®!

Teladoc gives you 24/7/365 access to a doctor through the convenience of phone or video consults. It's an affordable option for quality medical care. **Doctors can diagnose and prescribe medication, if necessary, to the pharmacy of your choice.**

 <p>Talk to a doctor anytime, anywhere you happen to be</p>	 <p>Receive quality care via phone or online video</p>	 <p>Prompt treatment, average call back in less than 20 mins</p>
 <p>A network of doctors that can treat children of any age</p>	 <p>Secure, personal and portable electronic health record (EHR)</p>	 <p>No limit on consults, so take your time</p>

WHEN CAN I USE TELADOC?

- When you need care now
- If your doctor is unavailable
- If you're considering the ER or urgent care center for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short-term prescription refills, 3-5 days, but not for 30 or 90 days.

GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Bronchitis
- Skin problems
- Respiratory infection
- Sinus problems
- And more!

SHARE WITH YOUR PCP

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician or child's pediatrician.

You have access to a Doctor
DAY OR NIGHT

\$0 Copay

****Teladoc is provided by your union fund, not your health insurance carrier****



**Set up your account
provide medical history
add eligible dependents**

Download the Mobile App



1. Open your smartphone camera
2. Hold it over the code above
3. Click the drop down or pop up

Talk to a doctor anytime for Free 24/7/365 \$0 Copay

Set Up Your Account By: 1. Internet, 2. Phone Call, or 3. Mobile App

1.  Member.Teladoc.Com/Registration | 2.  [1-800-Teladoc \(835-2362\)](tel:1-800-Teladoc) | 3.  Teladoc.com/mobile

Your current prescription drug program costs still apply when picking up a prescription at the pharmacy of your choice

Minor Dependents are pre-registered under the primary member, who can also complete the minor's medical history questions

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